

•CREATIVE CORNER•

Think About It!

List some ways you have practiced moderation this past week. **For example:** Maybe there was a lot of dessert left over, but you only ate a small piece. If yours is picked in the random drawing, you'll win a neat prize!



- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

•JOKE TIME•

What happens when frogs park their cars illegally?

They get toad!



•WORDS TO REMEMBER•

Moderation

Being within certain limits. Not too much.

Example: Kevin hurt his hand last week, but he wanted to keep practicing martial arts. Just to be safe, he only did limited moves, and for a shorter time. Using moderation, he kept his skills, but was able to heal too.

•WISE QUOTES•

"Only one who devotes himself to a cause with his whole body and soul can be a true master. For this reason, mastery demands all of a person."

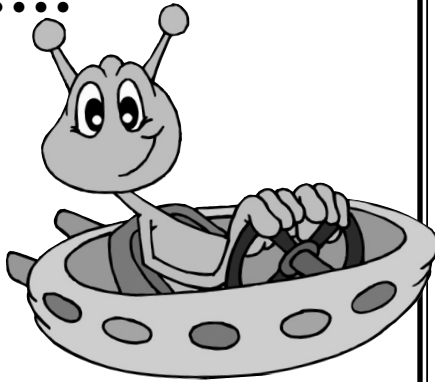
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NAME: _____

•FUN SPOT•

Number Navigator

Start with 1 and follow the numbers in order until you get to the end, 55. You can move up and down and back and forth, but not diagonally. **Good luck!**



1	2	3	2	6	8	9	13	11	12
3	1	4	6	5	9	10	11	13	11
6	4	5	6	7	8	12	12	11	14
4	6	8	21	23	7	10	13	10	12
5	25	23	22	21	20	13	14	16	14
26	22	24	26	23	19	15	15	17	15
23	21	25	23	20	18	17	16	18	16
28	22	26	24	18	16	19	32	34	36
24	25	27	26	31	32	33	34	35	36
29	26	28	29	30	29	41	36	33	37
28	26	30	41	44	46	45	44	40	38
53	30	44	54	49	47	49	43	37	39
55	54	53	52	50	48	45	42	41	40
53	52	50	51	50	49	45	44	45	44

Maze Mission

Your mission is to begin drawing a line from "START" until you reach "END". Remember, you can't jump over any lines. Take your time... you can do it!

